

**Southern Arizona VA Health Care System (SAVAHCS) Voluntary Service**  
**3601 S. 6th Avenue, (9-135) Tucson, AZ 85745**  
**520-629-1822**



**“Putting Veterans First.”**

“To Care for him who shall have borne the battle...

” Abraham Lincoln, March 4, 1865

## **MAKING A DONATION**

Below is a sample of how you can help a Veteran through your generous donation. For a complete list of donation needs and to assure the need still exists, please contact Voluntary Service (VAVS) at 629-1822, **prior to making a donation.**

## **MONETARY DONATIONS**

**Highlights of Annual Program Needs** (sample – for more information refer to complete list)

**NEW FISHER HOUSE** – A housing facility at SAVAHCS which will provide temporary residential accommodations for families out of town Veterans receiving treatment at our hospital, and their family members. Donations must be earmarked for the Tucson Fisher House and sent to the Fisher House Foundation. Learn more at the Fisher House website <http://www.fisherhouse.org/about/>.

**NEW Patient Craft Program Craft Kits** - Crafts provide therapeutic recreation and occupational therapy for hospital patients. Annual need is \$120,000.

**NEW Intensive Care Unit Hospice Patients – Two Carts, CD players and CDs** - Improve quality of life for ICU Hospice patients and families through music.

**MOM – BABY BASKETS** – Baskets or diaper bags filled with items needed by new Moms. Program supports women Veteran OB patients. Contact Voluntary Service for a complete list of recommended items.

**MUSIC THERAPY** – Rehabilitation Unit, Recovery Unit and Psychiatric Inpatient Unit- \$40.00 per hour (twice per week).

**PATIENT COMPANION PROGRAM** – Activity Aprons are needed for this new program in which volunteers are trained to provide company for hospitalized patients who need extra attention so they do not get out of bed. This program helps prevent falls and injuries. Patterns for the aprons are available in the volunteer Office.

**COOKING CLASSES - COMMUNITY LIVING CENTER (CLC) - OCCUPATIONAL THERAPY** - Assisting Patients undergoing inpatient rehabilitation with their cooking skills before they are released, prior to returning home. Determine if Patient can safely cook a meal for themselves. Annual cost is \$600.00.

**PATIENT RECREATION ACTIVITIES (entertainment, refreshments, outings)** - \$500.00 per month

**PATIENT COMFORT ITEMS (toiletries)** – Distributed to newly admitted patients and patients in rehabilitation areas. – \$1,500.00 per month

**PTSD INPATIENTS - CHAIR MASSAGE PROGRAM** - Helps patients release stress and begin pattern of self care. \$720.00 per month

## **HOW TO MAKE A MONETARY DONATION**

Please contact the Voluntary Service Office Staff to discuss your donation. SAVAHCS can accept monetary donations in the form of a check, money order or cash. Checks and money orders should be made out to SAVAHCS VAVS Patient Programs. Please indicate if the funds can be applied to any patient program or if you wish to earmark the funds for a specific program. Thank you.

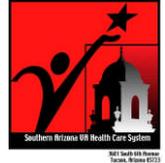
## **MATERIAL / IN-KIND DONATIONS**

### **HOW TO MAKE A MATERIAL DONATION**

Before donating clothing please contact the Building 90 Clothing Room staff at 629-1839.

All clothing donations should be delivered to the Building 90, Mental Health, Homeless Program, Monday – Friday, 9:00a.m. to 3:00p.m.

## Southern Arizona VA Health Care System (SAVAHCS) Voluntary Service



### “Putting Veterans First.”

For “all other” material donations please contact the VAVS Office to discuss your donation. All other material donations can be delivered to the Volunteer Office, in Building 58, Monday – Friday 8:30 a.m. to 3:30 p.m.

All donations will be acknowledged with a thank you letter to the donor. Please complete a Donation Acknowledgment Form and return it to the VAVS Office, Building 58. Additional donation forms can be obtained in the Volunteer Office.

#### **Clothing**

We can only accept new undergarments and socks. All clothing, shoes and hats must be cleaned and in good condition. Clothing donations are distributed to our homeless Veterans, and any other patient that comes in to the hospital and requires clothing before leaving the hospital (e.g. Emergency Department, Wards, Outpatient Surgery). Clothing donations should be delivered to the Building 90 Mental Health, Homeless Program. Your donations will be acknowledged with a thank you letter to the donor. Please submit a completed Donation Acknowledgment Form to the Building 90 Clothing Room Staff or the Voluntary Service Office in Building 58.

#### **Comfort Items- \$1500/Mo**

Hand and body lotion	Non-skid Slipper Socks	Prepaid Phone Cards
Shaving Cream	Lap Robes (4x5 or 5x7)	Shampoo
Deodorant	Denture Cleaner	Lip Balm
Toothbrushes	Denture Grip	Coffee supplies
Socks (white)	Talcum Powder	Nail Clippers
Toothpaste	Comb/Brushes	Backpacks
Disposable Safety Razors	Knitted Caps	Shawls
Shaving Cream (small)	Shower Shoes	Stamps
Tote Bags	New Mom/baby baskets	Children’s Books
Pocket Size Needle and Thread Kit	Children’s’ Activity Kits	
Heart pillows for cardiac patients	Activity Aprons for inpatient companion program	
Writing Paper and Envelopes	Twin Size quilts for the Community Living Center, B-60	

#### **Recreation**

Puzzle Books	Tickets for entertainment & sporting events
Books (novels)	Sports equipment (basketball, tennis rackets & balls, badminton set, Frisbees, football)
Pencils	
Audio Books with built in headsets	
Magazine subscriptions (SAVAHCS does not accept used magazines)	

#### **Holiday Gifts**

1-2 Hour Phone Cards	Disposable Cameras
Baseball Hats	Book Lights
Back Scratchers	Audio Books on CD
Fleece Blankets	AM/FM radios with headset
Watches	CD players with headset
Gloves	T-shirts (Arizona or sport-oriented)

*Thank you for your support of our Nation’s Veterans.*

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The Internal Revenue Service has announced that under the Tax Code, donations to the Department of Veterans Affairs’ General Post Fund for exclusively public purposes are deductible from federal income taxes in the manner and to the extent allowable. This announcement reflects the tax law provision which makes those donations deductible as “donations to the United States.”



**SOUTHERN ARIZONA VA HEALTH CARE SYSTEM PATIENT PROGRAM NEEDS - Fiscal Year 2013 (10/1/12 - 09/30/13)**

Southern Arizona VA Health Care System - Voluntary Service (9-135) 3601 S. 6th Ave, Tucson, AZ 85723, 520-629-1822, Fax 520-629-1753  
<http://www.tucson.va.gov/giving/>

*"To care for him who shall have borne the battle ...." Abraham Lincoln, March 4, 1865*

The following needs have been identified to enhance Veteran patient care. Please contact the Volunteer Office 520-629-1822 prior to making a donation, to

**MONETARY DONATIONS - ANNUAL ON-GOING PROGRAM NEEDS**

Ctrl Point No.	PROGRAM NAME	PROGRAM DESCRIPTION	ANNUAL COST	PLEGDED	AMOUNT RAISED	NEED
1 6663	<b>NEW Patient Craft Program</b>	<b>Craft Kits</b> - Crafts provide therapeutic recreation and occupational therapy for hospital patients.	\$120,000.00		\$0.00	<b>\$120,000.00</b>
2 663	<b>NEW Intensive Care Unit Hospice Patients. Medicine Care Line</b>	<b>Cart, CD Player and CDs</b> - Improve quality of life for ICU Hospice patients and families through music,	\$800.00		\$0.00	<b>\$800.00</b>
3 6677	<b>Hospice - General needs</b>	<b>Hospice - coffee, education materials, candles</b>	\$4,000.00		\$4,000.00	<b>\$0.00</b>
4 6659	<b>Family Fund</b>	<b>Lodging Assistance</b> - For out of town family member of hospitalized Veterans	\$3,000.00		\$2,150.00	<b>\$850.00</b>
5 6687	<b>Psychosocial Rehabilitation &amp; Mental Health Intensive Case Management</b>	<b>Quarterly community activities;</b> teaching socialization, communication and recovery (e.g. picnics, field trips, etc.).	\$2,000.00		\$2,000.00	<b>\$0.00</b>
6 6666	<b>Mental Health, Reading Glasses for Psychiatric Inpatients - FUNDED THROUGH SEPTEMBER 2012</b>	<b>Over the counter reader glasses</b> - 35% of patients are homeless and do not have funds. Reader glasses with help patients to sign consent forms, and actively involved in their treatment, (medical, spiritual and emotional healing)	\$300.00		\$600.00	<b>-\$300.00</b>
7 6686	<b>Women's Health Program</b>	Health education materials	\$1,500.00		\$700.00	<b>\$800.00</b>

**SOUTHERN ARIZONA VA HEALTH CARE SYSTEM PATIENT PROGRAM NEEDS - Fiscal Year 2013 (10/1/12 - 09/30/13)**

	<b>Ctrl Point No.</b>	<b>PROGRAM NAME</b>	<b>PROGRAM DESCRIPTION</b>	<b>ANNUAL COST</b>	<b>PLEGGED</b>	<b>AMOUNT RAISED</b>	<b>NEED</b>
8	6663	<b>CLC - Occupational Therapy: Food supplies for cooking classes</b>	<b>Cooking Classes</b> - Assisting Patients undergoing inpatient rehabilitation with their cooking skills before they are released, prior to returning home. Determine if Patient can safely cook a meal for themselves.	\$600.00		\$0.00	<b>\$600.00</b>
9	6663	<b>PTSD inpatients - chair massage program</b>	<b>Patient Chair Massage</b> - Helps patients release stress and begin pattern of self care. \$720.00 per month	\$3,500.00		\$1,500.00	<b>\$2,000.00</b>
10	6674	<b>Veteran Canteen Store Coupons</b>	\$1.00 per book at 200/month = \$200.00. Used for Pt. recreation & emergency needs	\$3,000.00		\$3,000.00	<b>\$0.00</b>
11	6674	<b>Phone cards for patients</b>	30 minute phone cards - \$2.95x 50/month = \$147.50	\$3,000.00		\$3,000.00	<b>\$0.00</b>
12	6677	<b>Hospice - Aromatherapy - ongoing costs</b>	<b>Aromatherapy</b> - Assists patients in relaxing, coming to terms with passing and comfortable moving to their next phase. Also helps relax families. Cost includes machines, diffusers, oils, and filters	\$1,400.00		\$1,445.00	<b>-\$45.00</b>
13	6683	<b>Podiatry</b>	<b>Saving Soles</b> - Podiatric Veteran Patients - Purchase of shoes for patients unable to afford them and do not qualify for special shoes through the VA.	\$400.00		\$400.00	<b>\$0.00</b>
14	6687	<b>Mental Health PTSD Inpatient Program</b>	<b>Sage</b> - Sage is part of the healing experience. It is used during the Talking Circle which has been a beneficial activity for the patients.	\$240.00		\$240.00	<b>\$0.00</b>
15	6666	<b>Holiday Gifts</b>	Annual Holiday gift distribution to hospitalized patients on 12/23	\$3,000.00		\$2,500.00	<b>\$500.00</b>

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16	6663	<b>Patient Recreation: Audio Books</b>	<u>Audio Books with attached headsets:</u> for patient recreation. Whole unit is given to patient to keep. Headsets can not be reused due to infection control.	\$1,500.00		\$0.00	\$1,500.00
17	6662	<b>Christmas Tree Decorations</b>	<u>Decorations</u> for Christmas trees put in hospital patient areas.	\$700.00		\$500.00	\$200.00
18	6695	<b>Veteran Creative Arts program</b>	Veteran awards, travel to national competition, postage	\$2,000.00		\$342.00	\$1,658.00
19	6663	<b>CLC - Recreation Therapy: Bingo</b>	<b>Bingo</b> - Canteen books to be used as bingo prizes for Rec Therapy run activities or when sponsoring organization cancels activity. Recreation activities provide cognitive stimulation, promote social interaction, encourage verbalization. Cost \$150.00 per month	\$1,800.00		\$1,800.00	\$0.00
20	6663	<b>Community Reintegration, CLC</b>	<b>Patient Community Outings</b> - Provide bi-monthly inpatient trips to local area attractions (Desert Museum, Zoo, bowling alley) to enhance their quality of life	\$1,800.00		\$0.00	\$1,800.00
21	6683	<b>Social Work Emergency Fund</b>	<u>Patient Emergent needs</u> - e.g. transportation, meals	\$1,500.00		\$332.00	\$1,168.00
22	6683	<b>Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF/OND) Veteran Transition Program</b>	<u>Canteen Meal Vouchers</u> for Post deployment intake combat Veterans waiting for an appointments during the lunch hour. Also a way to say thank you to the combat Veteran when they come in for 1st Pt. appointment	\$2,000.00		\$0.00	\$2,000.00

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23	6662	<b>Summer Youth Volunteer Program</b>	<b>Sponsor Youth Volunteer</b> - \$35 per youth. VAVS recruits. Organizations receive credit for youth's volunteer hours. Funds youth T-shirts and Recognition party. Contact VAVS for Sponsor Form.	\$ 2,000.00		\$700.00	<b>\$1,300.00</b>
24	6663	<b>Community Living Center - Hearts and Hooves Equine Therapy</b>	<b>Animal Therapy</b> - ponies visit CLC Patients providing pet therapy visits and equine education. Provides cognitive, sensory, physical and psychological benefits. Also visit room-bound patients. \$150/month	\$1,800.00		\$1,800.00	<b>\$0.00</b>
25	6687	<b>SATP Program</b>	<b>Bus passes</b> for patients in substance abuse rehabilitation program	\$2,000.00		\$0.00	<b>\$2,000.00</b>
26	6676	<b>Homeless Program</b>	<b>HUD VASH</b> - Recreation Activities for Veterans and their families who are part of the HUS/VASH program. Prevent social isolation and increase moral. \$175.00 per month	\$2,000.00		\$2,341.82	<b>-\$341.82</b>
27	6676	<b>Homeless Program</b>	<b>Bus passes</b> for homeless Veterans	\$2,000.00		\$1,509.04	<b>\$490.96</b>
28	6676	<b>Homeless Program</b>	<b>General Needs</b> - Hygiene products, Stand down items, underwear, Socks, phone cards	\$5,000.00		\$2,000.00	<b>\$3,000.00</b>
29	6663	<b>Patient Recreation Activities</b>	Sporting events, parties, entertainment, refreshments, outings, gardening, etc.	\$5,000.00		\$3,000.00	<b>\$2,000.00</b>
30	6663	<b>Music Therapy</b>	Rehabilitation, Surgical Recovery and psychiatric Inpatient Units - Music Therapist, CDs, portable CD players, instruments	\$10,000.00		\$10,000.00	<b>\$0.00</b>
31	6663	<b>MOVE Program</b>	<b>Education and wellness incentive items</b> (contact Volunteer Office for more details)	\$5,000.00		\$25.00	<b>\$4,975.00</b>

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32	6674	<b>Comfort Items</b>	<b>Toiletry items;</b> daily delivery of toiletry items to patient wards, the Homeless program and Addiction Therapy programs	\$18,000.00		\$5,250.00	<b>\$12,750.00</b>
33	6688	<b>Veteran Sports Competitions</b>	Wheelchair Games, Golden Age Games, Winter Sports Clinic	\$10,000.00		\$5,500.00	<b>\$4,500.00</b>
34	6674	<b>Patient Concierge Program, Children Activity Items</b>	<b>Children's' Activity Items</b> - New activity kits, puppets, puzzles given to children and grandchildren of Veteran patients visiting and waiting for care.	\$10,000.00		\$0.00	<b>\$10,000.00</b>
35	6663	<b>Refreshments for patient and volunteer activities</b>	<b>Beverages and snacks</b> for patient and volunteer activities (includes vending coupons for CLC patients)	\$5,000.00		\$0.00	<b>\$5,000.00</b>
36	6666	<b>2013 Gathering of American Indian Veterans (GAIV) - Patient outreach activity</b>	<b>GAIV</b> -Veteran outreach/Community celebration to honor American Indian Veterans as well as provide info on services available	\$17,000.00		\$0.00	<b>\$17,000.00</b>
			<b>SUBTOTAL - Annual program needs</b>	<b>\$252,840.00</b>		<b>\$56,634.86</b>	<b>\$196,205.14</b>

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Ctrl Point No.	PROGRAM NAME	PROGRAM DESCRIPTION	ANNUAL COST	PLEGDED	AMOUNT RAISED	NEED
<b>MONETARY DONATIONS - SPECIAL ONE-TIME PROJECT NEEDS</b>						
37	<b>NEW Fisher House</b>	<p><u>Donations for the Tucson fisher House must be sent to Fisher House Foundation and earmarked for the Tucson Fisher House</u> - A housing facility at SAVAHCS which will provide temporary residential accommodations for out of town Veterans receiving treatment at our hospital, and their family members. Learn more at the Fisher House website <a href="http://www.fisherhouse.org/about/">http://www.fisherhouse.org/about/</a>.</p>	\$ 2,500,000.00		\$0.00	<b>\$2,500,000.00</b>
38	6663 <b>Restorative Orientation Program, Adult Protective Unit, Community Living Center</b> \$299.00 one time cost, \$135.53 annual supply cost	Weekly current events orientation CD. Staff will guide patients in a group or individually. Program has been used successfully to aide adults with cognitive impairments to understand their environment and communicate with others.	\$421.00		\$0.00	<b>\$421.00</b>
	<b>SUBTOTAL - SPECIAL PROJECTS</b>		<b>\$2,500,421.00</b>		<b>\$0.00</b>	<b>\$2,500,421.00</b>
	<b>GRAND TOTAL</b>		<b>\$2,753,261.00</b>		<b>\$56,634.86</b>	<b>\$2,696,626.14</b>
<b>Monetary donations will be accepted in the form of cash, check or money order, which can be made out to SAVAHCS Patient Programs.</b>						