

Pride Resources

Covid 19 Resources

Center for Disease Control

National information on Covid 19 symptoms, prevention and data/surveillance.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Arizona Department of Health Services

Local information on Covid 19 symptoms, prevention and data/surveillance.

<https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-home>

Arizona Covid 19 Hotline 1 (844) 542-8201

Provided by Arizona Poison and Drug Information Center. They are available 24/7 to answer questions concerning Covid 19 from the general public and/or providers.

The National LGBT Cancer Network

Article, "Coronavirus 2019, What LGBTQ+ People Need to Know" on Covid 19 and how it specifically related to people within the LGBT community

<https://cancer-network.org/coronavirus-2019-what-lgbtq-people-need-to-know/>

The National Center for Transgender Equality

Provides a "Covid 19 Guide", which is information on Covid 19 that is specifically geared toward people who are transgendered.

<https://transequality.org/covid19>

Resource Hubs

Be Connected

Provides information, support and resources to Veterans and their families. Be Connected has a website that lists many resources in Arizona. One can also call in, 1 (866) 429-8387, and speak with a team member who will help get them connected with the right resource. They have a list of local Veteran specific Covid 19 resources.

<https://www.beconnectedaz.org/>

Pride Resources

Equality Arizona

<https://www.equalityarizona.org/copy-of-political-action-group>

Equality Arizona Golden Friends

<https://www.equalityarizona.org/golden-friends>

Tucson Queer Story

tucsonqueerstory.org

MH Resources

Veterans Crisis Line

1-800-273-8255 Press 1

www.veteranscrisisline.net

Text to 838255

VA COVID Coach Mobile App

COVID Coach is a new app for self-care and mental health support. It's free and available for everyone – staff, Veterans, and the general public – on iOS and Android. To learn more, and to access direct links to download, visit:

https://www.ptsd.va.gov/appvid/mobile/COVID_coach_app.asp.

Questions or feedback? Email mobilementalhealth@va.gov

Self-Care Resources for Whole Health

It is more important than ever to take care of your physical, mental, and emotional well-being. Finding ways to care for ourselves, staying balanced and resilient, is critically important so that we can care for our Veterans, families, and communities. The following resources are quick, virtual tools to help you manage stress and promote your Whole Health during these unprecedented times.

<https://www.va.gov/WHOLEHEALTH/professional-resources/EWH-Resources.asp>

[Trans Lifeline](#), a phone hotline for and by trans people, is also encouraging callers to reach out for support” [877-565-8860](tel:877-565-8860) <https://www.translifeline.org/>

Pride Resources

[Gay Tucson – Gaytucson.com](http://GayTucson.com)

[Senior Pride – www.soazseniorpride.org](http://www.soazseniorpride.org)

[Nowadays](https://nowadays.nyc/), a live music venue in Queens, New York, is hosting nightly live stream events and seminars, some of which include live sets from queer DJs, sound baths, and deep listening.

<https://nowadays.nyc/>

[Believe Out Loud](https://www.believeoutloud.com/), a faith organization that advocates for LGBTQ+ inclusion, is currently compiling a list of LGBTQ-inclusive places of worship that live streams services online.-

<https://www.believeoutloud.com/>

[Netflix](https://www.out.com/movies/2017/12/21/21-awesome-lgbt-documentaries-you-need-watch-netflix#media-gallery-media-8) - List of movies to watch on Netflix

<https://www.out.com/movies/2017/12/21/21-awesome-lgbt-documentaries-you-need-watch-netflix#media-gallery-media-8>

[Movies-Diff Streaming Sites](https://www.indiewire.com/gallery/best-gay-movies-netflix-hulu-and-amazon/screen-shot-2018-04-17-at-5-11-15-pm/)

<https://www.indiewire.com/gallery/best-gay-movies-netflix-hulu-and-amazon/screen-shot-2018-04-17-at-5-11-15-pm/>

[Hulu](https://www.ranker.com/list/best-gay-and-lesbian-movies-streaming-on-hulu/ranker-streaming)

<https://www.ranker.com/list/best-gay-and-lesbian-movies-streaming-on-hulu/ranker-streaming>

[Amazon Prime](https://www.pride.com/movies/2016/9/29/10-lgbt-films-you-should-stream-amazon#slide-8)

<https://www.pride.com/movies/2016/9/29/10-lgbt-films-you-should-stream-amazon#slide-8>